



namaste
welcome to
FAMILY HOME STAYS
NEPAL

For Details & Reservations

FAMILY HOME STAYS
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Buddhist Family Home
<http://www.familyhomestays.com>

Namaste!

Share your holidays with a typical Nepali family who will host you and guide you in discovery of their rites, culture and beliefs.

Buddhist, Ngima Dawa Tamang established **Family-Home-Stay** for foreign visitors looking for a less conventional but deeper cultural experience. **Family-Home-Stay** provides ample opportunity to immerse oneself in an authentic joint family system - the Nepalese way. Within the rhythm of this large loving family you share a table and meal with young and old alike. Traditional Nepalese home cooked meals are prepared in the kitchen from home grown organic vegetables.

The Tamang family advocates cross-cultural experiences believing that together we can help transform the world.



Mr. N.D. Tamang has 25 years of experience as a trekking and mountaineering leader with special training in Climbing and Alpine First Aid. In 1984, with the Japanese Expedition he summited Mt. Gouri-Shankar (7,147 m.) through the south-east route. Since then he has accompanied many Expedition Groups climbing high peaks including Mt. Everest. As a trekking guide he has visited all of the Nepalese tourist destinations and some in Tibet.

Mr. Tamang has traveled extensively through out Europe and the United States where he lived and worked while acquiring skills in ballooning, paragliding and kayaking. He is also fluent in English, Italian and Japanese and is very active in his local community volunteering for numerous causes.

Facilities

The large joint-family house offers 4 double rooms with modern En-Suite wet-room/ bathrooms and one double room with shared bathroom. The well equipped living room, dining room and kitchen are available for all to share....

No laundry service but facilities to hand wash clothing and hang on the roof to dry.

Transportation:

1. Bus or Taxi facilities.
2. Private car and other vehicle facilities.
3. Airport pick-up and departure facilities.



Traditional Nepalese Cooking Class

The western Tamang kitchen (minus oven) offers classes in Traditional Nepalese cooking. Learn how to bake a cake without an oven and prepare delicious nutritious food from their organic garden.

- Indian Cooking classes are also available.



Trekking Tours

Experiential travel gives YOU the tourist a great time, enriches your life and gives something back to the places and communities you visit. If you are looking for bang for the buck in terms of life-changing experiences, consider 'Destination Nepal Treks & Expedition' our community-based tourist company in Kathmandu

more:

www.trekkingdestination.com

Volunteer

We would like to introduce you to 'CHHAHARI' a non-profit home for at-risk and orphan children. We encourage you to spend time volunteering at the home and their local school. Family-Home-Stay will help you design a program to suit your time and talents.

More: www.chhahari.org